



LGBTQIA+ 101

- **Lesbian** - A woman who is emotionally, romantically or sexually attracted to other women. Women and non-binary people may use this term to describe themselves.
- **Gay** - A person who is emotionally, romantically or sexually attracted to members of the same gender. Umbrella term for individuals who identify as queer.
- **Bisexual** - A person emotionally, romantically or sexually attracted to more than one sex, gender or gender identity though not necessarily simultaneously, in the same way or to the same degree..
- **Transgender**- An umbrella term for anyone whose sex assigned at birth and gender identity do not align.
- **Cisgender**- A term used to describe a person whose gender identity and their sex assigned at birth align.
- **Queer**-an Umbrella term for individuals who do not identify as straight and/or cisgender
- **Questioning**- A term used to describe people who are in the process of exploring their sexual orientation or gender identity. This can happen at any point in time, at age 6, 16, or 60!
- **Intersex**-Intersex people are born with a variety of differences in their sex traits and reproductive anatomy.Including differences in genitalia, chromosomes, gonads, internal sex organs, external genitalia, hormone production, hormone response, and/or secondary sex traits.
- **Asexual**-Often called "ace" for short, asexual refers to a complete or partial lack of sexual attraction or lack of interest in sexual activity with others. Asexuality exists on a spectrum, and asexual people may experience no, little or conditional sexual attraction.
- **Ally**-An Ally is a person who supports the LGBTQ Community in its many forms both publicly and privately.
- **Pansexual**-An adjective used to describe a person who has the capacity to form enduring physical, romantic, and/ or emotional attractions to any person, regardless of gender identity.